7: Nash E-5 (1957-1967) 1970 NV9 Tzeltal NV9
Amatenango del Valle

844 house, and the men usually leave the scene. Women are ashamed of their husbands seeing the afterbirth because they joke about it with other men. [522] [833] (I do not know what the joking is about—possibly it is related to the frequency of sexual intercourse during pregnancy, since the placenta is believed to be increased by male sperm.)

There is no ceremony attending childbirth. Although some women are assisted by one female relative, most call in a midwife, who is referred to as "grandmother of the child" and who comes when the birth pangs [959] begin. There is only one recognized midwife in Tzo?ontahal; she is the sister of one of the practicing curers and a niece of one of the former leading curers of Alannantik. She has patients on both sides of the dual division. On rare occasions, caused by witchcraft the Indians believe, a woman [845] fails to give birth after two or three days of labor, and then a curer is [756] called in.

The child is delivered with the mother kneeling on the floor. The midwife cuts the umbilical cord with a knife, and the child's navel is tied with a cord. The child is wrapped in cloths which have been smoked over incense, and then a woman's sash is wrapped around him from shoulders to feet, firmly binding the arms and legs so that they cannot move. It is felt that if this is not done, the child will snatch at everything and eventually 846 become a thief. The body remains bound in this way for fifteen days. The umbilical cord and placenta are buried in the houseyard. Some say that a boy's umbilical cord may be tied in a tree "so that when the child grows, he can climb trees and cut fruit." The mother is given a drink of coffee, and the midwife binds her stomach with a band. Three days later the woman enters the sweatbath to cleanse herself. The midwife goes in with her and rubs her with branches of orange leaves and massages her stomach. If the child is born away from his own house, he is brought to it with great care so that his soul will not be dislodged from his body. The midwife makes a pad with branches of bushes growing near the springs, and the father sprays the child's body with springwater from his mouth.

[753] In the first "twenty days or one month" of life, the child's contacts with the world are limited to the immediate family in order to guard against soul-loss and illness from "hot" glances of outsiders. When anyone not of the household approaches the house in which there is a newborn child, he